

Results with Times

5 Mile Race - 2020

<i>Position</i>	<i>Number</i>	<i>Time</i>	<i>Name</i>	<i>Club</i>	<i>Category</i>
1	2672	24.58	Richard Weir	Derby Athletic Club	MS
2	2643	27.57	Ben Yule		MS
3	2609	29.20	Philip Sale	Ilkeston Running Club	MS
4	2671	29.48	Harry Taylor	Beeston AC	MS
5	2647	30.13	Andrew Taplin	Beeston AC	M50
6	2558	30.34	Christopher Hicks	Beeston AC	MS
7	2661	30.49	Carl Handford	Chesapeake Road Runners	M50
8	2677	31.43	Lee D'Arcy	Heanor RC	M40
9	2623	31.52	James Read	Ilkeston Running Club	M40
10	2543	32.12	Daniel Hawley	Long Eaton Running Club	M40
11	2515	32.38	Ian Chant	Long Eaton Running Club	M40
12	2606	32.48	Richard Tissington	Shelton Striders	M40
13	2648	32.61	David Evans	Beeston AC	M50
14	2680	33.06	Rebecca Miller	Derby Athletic Club	FS
15	2659	33.16	Matthew Ceiley	Fetch Everyone	MS
16	2502	33.36			
17	2554	33.49	Andrew Smith	Beeston AC	M40
18	2650	33.58	Christopher Magee	Long Eaton Running Club	MS
19	2532	34.09	Richard Cliff	Long Eaton Running Club	M50
20	2687	34.10	Peter Whitstone		MS
21	2658	34.11			
22	2579	34.25	Tom Reader	Beeston AC	M40
23	2641	34.41	Natalie Braisby	Ilkeston Running Club	FS
24	2652	34.49	Sophie Eadsforth	Beeston AC	F45
25	2541	34.50	Alex Vize	Long Eaton Running Club	MS
26	2572	34.58	Tasso Gazis	Beeston AC	M50
27	2593	35.27	Andy Todd		M40
28	2656	35.28	James Isherwood	Beeston AC	M40
29	2624	35.31	Nicola Roper	Ilkeston Running Club	F35
30	2608	35.41	Cathy Ayton	Ilkeston Running Club	F35
31	2657	35.41	Oliver Angeloni	Beeston AC	MS
32	2682	35.41	Paul Harris		MS
33	2591	36.13	James Ogilvie	Ivanhoe Runners	M50
34	2636	36.14	Elizabeth Bamford	Ilkeston Running Club	F35
35	2595	36.18	Graham Kirkman		M50
36	2683	36.18	Matthew Hooton	Long Eaton Running Club	MS

<i>Position</i>	<i>Number</i>	<i>Time</i>	<i>Name</i>	<i>Club</i>	<i>Category</i>
37	2622	36.19	Paul Wade	Long Eaton Running Club	M50
38	2519	36.21	Jerry Evans	Shelton Striders	M60
39	2619	36.35	Gavin Horton		M40
40	2603	36.36	David Millington	Ilkeston Running Club	M40
41	2587	36.39	Stephen Hodges	Beeston AC	M40
42	2607	36.44	David Riley	Long Eaton Running Club	M60
43	2562	36.50	David Smith	Beeston AC	M60
44	2576	37.04	Simon James		MS
45	2664	37.15	Andrew Lucas	Shelton Striders	MS
46	2597	37.16	John Walker	Beeston AC	M50
47	2573	37.17	Lisa Jones	Beeston AC	F45
48	2678	37.33	Mollie Dunmore		FS
49	2679	37.34	Adrian Dunmore		M50
50	2618	37.36	John Flint	Heanor RC	M50
51	2512	37.44	Marie-christine Pardon	Beeston AC	F45
52	2654	37.50	Alec Maclean	Beeston AC	M50
53	2604	37.57	Andrew Gallimore	Shelton Striders	M50
54	2592	38.16	Matt Govan	Matlock AC	MS
55	2614	38.43	Knight Darren	Chesapeake Road Runners	M40
56	2655	38.56	Jackie Welburn	Beeston AC	F35
57	2642	39.12	Fiona Hawkins	Sinfin Running Club	F35
58	2639	39.20	Martin Hind		M40
59	2535	39.24	Paul Boothroyd	Erewash Valley Running Club	M60
60	2521	39.30	Ken Morrell	Beeston AC	M60
61	2516	39.33	Christine Bexton	Beeston AC	F55
62	2627	39.47	Luke Woodiwiss	Long Eaton Running Club	MS
63	2684	39.57	Jacob Wright		MS
64	2665	39.59	Millward James		M70
65	2694	39.59	Amanda Larkin	Long Eaton Running Club	F35
66	2612	39.61	Catherine Benson	Long Eaton Running Club	F45
67	2596	40.11	Mark Rowson	Beeston AC	M50
68	2644	40.13	Lee Dursley		MS
69	2546	40.23	Neil Warren		M40
70	2538	40.24	Mark Reeve		M50
71	2662	40.26	Richard Adaya	Chesapeake Road Runners	M40
72	2621	40.29	James Finney	North Derbyshire Running Club	MS
73	2668	40.30	Steven Randle	Shelton Striders	M40
74	2673	40.33	Leon Mruik		MS

<i>Position</i>	<i>Number</i>	<i>Time</i>	<i>Name</i>	<i>Club</i>	<i>Category</i>
75	2531	40.34	Amanda Rose		F45
76	2651	40.36	Jonathan Rogers		M40
77	2514	40.48	Kim Chant	Long Eaton Running Club	F45
78	2667	40.49	Ian Sinclair		M50
79	2633	41.04	Marc Kinch	Long Eaton Running Club	M50
80	2586	41.19	Paul Parker		M50
81	2601	41.20	Jonty Taylor	Blackburn Road Runners	M40
82	2563	41.46	Gary Weaver		M40
83	2653	42.10	Brian Warner	Sinfin Running Club	M50
84	2585	42.15	Charlotte Ward	Long Eaton Running Club	FS
85	2674	42.28	Matt Farr		MS
86	2681	42.36	Adrian Wheatley		M60
87	2510	42.37	Elizabeth Lakin	Long Eaton Running Club	F35
88	2588	42.44	John Odonnell	Beeston AC	M70
89	2545	42.54	Sunil Sharma	Beeston AC	M40
90	2676	43.04	David Miller		M50
91	2580	43.06	Melanie Hopewell		F45
92	2501	43.07	Louise Mcquade	Long Eaton Running Club	F45
93	2675	43.21	Steve Cartwright	Shelton Striders	M40
94	2685	43.27	Anna Denchai		FS
95	2666	43.31	Shaun Marriott	Hermitage Harriers	M50
96	2693	43.54	George Matau		MS
97	2566	43.59	Ross Poyzer		M40
98	2523	43.61	Jack Bibby	Beeston AC	M50
99	2617	43.63	Richard Walker		M40
100	2649	44.07	Jane Simmons		F45
101	2689	44.16	Bessie Anderson		FS
102	2549	44.24	Ian Gascoigne		M40
103	2697	45.37	Darren Faulkner		M50
104	2696	45.37	Michael Rees		M50
105	2500	45.52	Mark Dalgarno	Shelton Striders	M50
106	2536	45.63	Sarah Griffin		F35
107	2825	46.04	Hugo Keddy		MJ
108	2581	46.16	Richard Kennedy		MS
109	2602	46.16	Sarah Kennedy		F35
110	2578	46.20	Wendy Lauberts		F55
111	2503	46.42	Valerie Lindsey	Long Eaton Running Club	F65
112	2630	47.06	Bobby Cowling		MS

<i>Position</i>	<i>Number</i>	<i>Time</i>	<i>Name</i>	<i>Club</i>	<i>Category</i>
113	2699	47.12	Jane Hudson	Long Eaton Running Club	F35
114	2691	47.12	Jill Wilkins	Long Eaton Running Club	F35
115	2690	47.15	Guy Wilkes	Long Eaton Running Club	M40
116	2688	47.26	Louise Bellamy		F35
117	2533	47.44	Alex Hall	Shelton Striders	F45
118	2692	47.48	Catalin Nita		MS
119	2698	47.50	Carrie Chan		F35
120	2625	47.52	Paul Revill		M50
121	2663	48.11	Tanya Richardson	Chesapeake Road Runners	F35
122	2505	48.14	Jennifer Allen	Long Eaton Running Club	F45
123	2626	48.17	Alistair Revill		MJ
124	2525	48.18	Jacob Cooke		MS
125	2098	48.33	Joanne Moore	Long Eaton Running Club	F45
126	2520	48.43	Kevin Roughton	Erewash Valley Running Club	M40
127	2594	48.44	Malcolm Caporn		M70
128	2695	48.44	Fiona Blackwell		F35
129	2669	48.44	Nicola Bennett	Long Eaton Running Club	F45
130	2590	48.55	Bethanie Dennis	Long Eaton Running Club	FS
131	2660	48.63	Helen Boyd		F45
132	2598	49.04	David Gould	Rolls-Royce Harriers	M60
133	2600	49.06	Damian Cowlshaw	Long Eaton Running Club	M50
134	2559	49.22	Cloe Kirk	Aston Joggers	F35
135	2560	49.22	Adrian Pilbeam	Lonely Goat RC	MS
136	2670	49.37	Eamonn Hughes	Shelton Striders	M50
137	2582	49.51	David Hann		M40
138	2635	49.61	Matthew Sinclair		MS
139	2530	50.05	Kathy Crockford	Long Eaton Running Club	F55
140	2548	50.07	Peter Gamble		M60
141	2638	50.10	Caroline Hind	Team Derby Runner	F45
142	2632	50.14	Tim Staniforth	Stilton Striders	M40
143	2584	50.22	Marie Kirk	Long Eaton Running Club	F45
144	2526	50.38	Tracey Dennis	Long Eaton Running Club	F45
145	2577	50.44	Jayne Jones		F55
146	2686	50.53	Helena Denchai		FS
147	2529	50.54	Bob Crockford	Long Eaton Running Club	M60
148	2511	51.34	Peter Dilley	Chesapeake Road Runners	M70
149	2575	51.57	Sarah Bentley	Shelton Striders	FJ
150	2550	52.09	Vaughan Morris	Long Eaton Running Club	M60

<i>Position</i>	<i>Number</i>	<i>Time</i>	<i>Name</i>	<i>Club</i>	<i>Category</i>
151	2583	52.27	Paul Price		M60
152	2567	52.32	Paul Phillips	Shelton Striders	M60
153	2570	54.37	Charlotte Land	Shelton Striders	FS
154	2616	54.51	Angela Monk	Shelton Striders	F55
155	2506	55.20	Margaret Cowling	Shelton Striders	F65
156	2556	56.07	Amanda Gouy de muync		F45
157	2615	56.07	Rosie Strutt	Borrowash Jollu Joggers	F35
158	2599	57.04	Clare Rourke		FS
159	2565	57.05	Lydia Grayston		FS
160	2620	57.11	N Barnes		M60
161	2645	57.39	Vanessa Cameron		F35
162	2613	57.51	Griffiths Griffiths	Chesapeake Road Runners	F35
163	2605	57.51	Lynn Windmill	Chesapeake Road Runners	F45
164	2522	58.38	Donna Holden		F45
165	2640	58.38	David Keegan	Shelton Striders	M70
166	2539	59.20	Julie Bell	Woodthorpe Huffers & Puffers	F55
167	2629	59.57	Steph Mack		F45
168	2682	60.04	Paul Harris		MS
169	2527	60.29	Sharon Thurgood		F55
170	2540	60.30	Roger Cowling		M40
171	2555	61.09	Susie Crowley		FS
172	2637	61.09	Sarah Brewin		FS
173	2517	61.60	Tracy Williams		F55
174	2518	61.60	Georgia Dawson		F45
175	2610	62.63	Tim Bentley	Shelton Striders	M50
176	2509	63.63	Aynsley Stephen	Shelton Striders	M70
177	2553	79.39	Sandy Fox		F55