

Results with Times

5 Mile Race - 2019

<i>Position</i>	<i>Number</i>	<i>Time</i>	<i>Name</i>	<i>Club</i>	<i>Category</i>
1	2062	27.50	Aston Perrin	Long Eaton Running Club	MS
2	2127	28.51	Andy Mcque	City of Stoke/Ashbourne RC	MS
3	2063	29.12	Grant Cummings	Wolverhampton & Bilston AC	MS
4	2043	30.21	Matt Coaker	Long Eaton Running Club	MS
5	2139	31.52	Tom Brunt	Beeston AC	MS
6	2183	32.46	Jack Surgay	Shelton Striders	MJ
7	2034	32.50	Richard Howe	Long Eaton Running Club	MS
8	2032	33.13	Paul Lewis	Long Eaton Running Club	M40
9	2130	33.14	Richard Tissington	Shelton Striders	M40
10	2166	33.23	Rebecca Miller	Derby Athletic Club	FS
11	2099	33.26	Philip Margett	Chesapeake Road Runners	M50
12	2060	33.50	Duncan Sadler	Road Runners Club	M40
13	2093	34.02	Phil Shearing	Erewash Valley Running Club	M40
14	2077	34.30	Robert Saxton	Ashbourne Running Club	MS
15	2071	34.38	Patrick Fitzgerald	Long Eaton Running Club	M50
16	2149	34.42	Kevin Purser	Chesapeake Road Runners	M40
17	2027	34.44	Zachary Naylor	Long Eaton Running Club	M40
18	2133	34.45	Oliver Holford	Derby Athletic Club	MJ
19	2181	34.47	Andrew Stanley	Ivanhoe Runners	MS
20	2126	34.47	Samuel Redfern		MS
21	2148	35.21	Matt Ceiley		MS
22	2075	35.28	James Cunningham	Shelton Striders	MS
23	2170	35.37	Neil Realey		M50
24	2143	35.41	Wade Fodden	Long Eaton Running Club	M40
25	2146	35.49			
26	2069	35.51	Pascale Holden	Shelton Striders	F45
27	2134	35.52	Paul Holford	Derby Athletic Club	M50
28	2171	35.52	George Kataria	Sinfin Running Club	M50
29	2185	36.28	Trevor Hibbert	Sinfin Running Club	M40
30	2131	36.35	Neil Shipley	Chesapeake Road Runners	M50
31	2177	36.39	Gavin Fletcher	Derby TRI	M40
32	2081	36.55	Stacey Sangster	Long Eaton Running Club	F35
33	2110	37.00	John Flint	Heanor RC	M50
34	2138	37.04	Stephen Horton		MS
35	2147	37.14	Kevin Dick	Sphinx AC	MS
36	2016	37.20	Ant Shacklock		M40

<i>Position</i>	<i>Number</i>	<i>Time</i>	<i>Name</i>	<i>Club</i>	<i>Category</i>
37	2161	37.24	Darren Knight	Chesapeake Road Runners	M40
38	2010	37.34	Thomas Lucas		MS
39	2150	37.34	Phil Deakin	Long Eaton Running Club	M40
40	2117	37.57	Michael Smedley	Midland Masters	M70
41	2184	37.58	Caroline Scott	Sinfin Running Club	F45
42	2079	38.02	Emily Sanders	Ashbourne Running Club	F45
43	2059	38.04	Ashley Parkes		M40
44	2076	38.05	Gerrard Moss	Shelton Striders	M60
45	2074	38.06	Emily Simmonds	Wolverhampton & Bilston AC	F35
46	2078	38.07	Marc Kinch	Long Eaton Running Club	M40
47	2017	38.22	Melanie Brennan	Erewash Valley Running Club	F35
48	2188	38.25	Matthew Fitchett		MS
49	2167	38.36	Fiona Hawkins	Sinfin Running Club	F35
50	2169	38.40	James Realey	Shelton Striders	MS
51	2070	38.49	Kevin Pritchard	Team Derby Runner	MS
52	2090	38.50	Paul Boothroyd	Erewash Valley Running Club	M60
53	2080	39.10	Lisa Hosking		F35
54	2096	39.10	Dawn Blatherwick	Long Eaton Running Club	F35
55	2115	39.15	Martin Lynch		M40
56	2051	39.41	Stuart Hunter	Shepshed Running Club	M50
57	2191	39.50	Paul Wood	Sinfin Running Club	M40
58	2020	39.56	Ewan Henderson	Holme Pierrepont Running Club	M40
59	2180	39.58	David Harley		M50
60	2030	39.58	Chris Booth		M40
61	1993	39.59	Charlotte Stack	Team Derby Runner	FJ
62	2004	40.12	Steve Mcquade	Long Eaton Running Club	M50
63	2094	40.16	Andrew Oakley		M40
64	2168	40.23	Samantha James	Shelton Striders	F35
65	2026	40.36	Tim Widdas		M50
66	2028	40.40	Sarah Semmens	Long Eaton Running Club	F35
67	2132	40.44	Sarah Holford	Derby Athletic Club	F45
68	2152	40.47	Glynis Hallam	Team Derby Runner	F55
69	2151	40.47	Ian Hallam	Team Derby Runner	M50
70	2129	40.54	Bethanie Dennis	Long Eaton Running Club	FS
71	2084	41.09	Mark Reeve		M50
72	2135	41.11	Nicola Dennison	Ashbourne Running Club	F35
73	2101	41.14	Martin Hind		M40
74	1992	41.14	Danielle Stack	Team Derby Runner	FS

<i>Position</i>	<i>Number</i>	<i>Time</i>	<i>Name</i>	<i>Club</i>	<i>Category</i>
75	2187	41.20	Ian Garson	Sinfin Running Club	M40
76	2009	41.30	Joanna Lucas		FS
77	2108	41.52	Guy Wilkes	Long Eaton Running Club	M40
78	2033	42.02	Elizabeth Lakin	Long Eaton Running Club	F35
79	2175	42.03	Brian Goodall	Erewash Valley Running Club	M60
80	2052	42.42	Victoria Cooper	Long Eaton Running Club	F35
81	2156	43.13	Fred Heeks		M40
82	2008	43.20	Shane Walker	Chesapeake Road Runners	M40
83	2186	43.35	Laura Graves	Ivanhoe Runners	F55
84	1998	43.40			
85	2035	43.58	Jez Dobbs		M40
86	2159	44.06	Phillip Grainger		MS
87	2003	44.07	Louise Mcquade	Long Eaton Running Club	F45
88	2119	44.11	Michael Tuckwood		M50
89	2001	44.11	Sarah Bould	Derbyshire Dynamos	F35
90	2173	44.14	Mae Emery		FS
91	2174	44.14	Peter Emery		M50
92	2092	44.20	Jo Maxwell		F35
93	2103	44.23	Robert Browne	Erewash Valley Running Club	M60
94	2037	44.30	Christopher Halliday	Sinfin Running Club	M40
95	2044	44.33	Karen Swift	Jog Derbyshire	F45
96	2157	44.44	Lee Meakin	Shelton Striders	M40
97	2178	44.46	Steve Cartwright	Shelton Striders	M40
98	2140	44.55	Errol Flynn	Long Eaton Running Club	M40
99	2144	44.57	Victoria Brewin	Sphinx AC	F35
100	2120	45.08	Charlotte Pulfer		FS
101	2162	45.34	Barry Boole	Sinfin Running Club	M70
102	2046	45.35	Amanda Rose		F45
103	2058	45.35	Samantha Smith	Jog Derbyshire	F35
104	2045	45.50	Lindsey Craig	Jog Derbyshire	F35
105	2164	46.13	Julie Muggleton	Sinfin Running Club	F45
106	1994	46.16	Edward Stack	Team Derby Runner	M40
107	2154	46.17	Adam Windmill		M40
108	2153	46.17	Lynn Windmill	Chesapeake Road Runners	F45
109	2102	46.19	Damian Cowlshaw	Long Eaton Running Club	M50
110	2163	46.24	Alyson Woodcock	Sinfin Running Club	F45
111	2048	47.02	Jennifer Allen	Long Eaton Running Club	F35
112	2068	47.11	Paul Gosden	Derbyshire Dynamos	M50

<i>Position</i>	<i>Number</i>	<i>Time</i>	<i>Name</i>	<i>Club</i>	<i>Category</i>
113	2145	47.20	Ashley Harrison		MS
114	2189	47.25	Donna Hadley		F35
115	2047	47.25	Carl Borton		M40
116	2141	47.30	Thomas Dable	Kenilworth Runners	M70
117	2064	47.34	David Caulton	Team Derby Runner	M40
118	2066	47.40	Peter Gamble		M60
119	2109	47.52	David Hann		M40
120	2190	48.06	Lynn Andrews	Long Eaton Running Club	F45
121	2095	48.12	Rachel Cavey		F35
122	2087	48.22	Louise Hart	Shelton Striders	F55
123	2014	48.40	S Ruth	Ilkeston Running Club	F45
124	2136	48.45	Laura Haynes	Jog Derbyshire	F35
125	2176	48.45	Jennifer Romeo	Derwent Running Club	F35
126	2042	48.55	Chris Bostock		M50
127	2021	49.09	Anita Cunningham	Ilkeston Running Club	F45
128	2122	49.10	Paul Birkin		M40
129	2039	49.12	Alex Hall	Shelton Striders	F45
130	2031	49.12	Valerie Lindsey	Long Eaton Running Club	F55
131	2091	49.17	Sarah Boothroyd		F35
132	2114	49.23	Anton Rawlinson		M50
133	2113	49.29	Moira Tildsley		F45
134	2019	49.41	Thyss O'Brien		M40
135	2165	49.47	Ian Whadcoat		M40
136	2155	49.57	Peter Dilley	Chesapeake Road Runners	M60
137	2179	50.29	Kevin No Surname	Erewash Valley Running Club	M40
138	2040	50.35	Marcia Osullivan		F45
139	2089	50.38	Ian Crompton	Shelton Striders	M50
140	2050	50.43	Ray Draycott	Shepshed Running Club	M70
141	2100	51.00	Caroline Hind	Team Derby Runner	F45
142	2054	51.04	David Farrelly		M50
143	2172	54.05	Kim Sladen		F45
144	2007	51.06	Kathryn Wills	Chesapeake Road Runners	F35
145	2158	51.41	Michael Butterly	Derby Athletic Club	M70
146	2123	51.46	Denise Birkin		F45
147	2061	51.57	James Illsley	Jog Derbyshire	M40
148	2055	52.15	Anne Lyons		F55
149	2015	52.17	Lynne Shacklock		F45
150	2002	53.04	Philip Sharpe	Chesapeake Road Runners	M60

<i>Position</i>	<i>Number</i>	<i>Time</i>	<i>Name</i>	<i>Club</i>	<i>Category</i>
151	2085	53.32	Linda Cobb	Washlands Runners	F35
152	2086	53.32	Jan Cobb	South Derbyshire Road Runners	F55
153	2142	53.42	Pauline Dable	Kenilworth Runners	F55
154	2160	54.10	David Keegan	Shelton Striders	M70
155	1999	54.37			
156	2005	54.49	Catherine Stray	Shelton Striders	F45
157	2182	55.03	Sean McManus		M40
158	2038	55.11	Tracey Dennis	Long Eaton Running Club	F45
159	1996	55.28	Duncan Smith		M50
160	1995	55.39	Liz Thacker	Chesapeake Road Runners	F55
161	2104	56.23			
162	2105	56.23			
163	2041	56.38	Angela Monk	Shelton Striders	F55
164	2000	57.23	Margaret Cowling	Shelton Striders	F55
165	2128	57.30	Derek Marshall	Anstey Amblers and Runners	M40
166	2118	59.00	Lucy Tuckwood		F45
167	2023	61.47			
168	2006	64.15	Stephen Aynsley	Shelton Striders	M70
169	2073	67.40	Andrew King		MS
170	2072	67.57	Alison King		F35
171	2067	73.03	Colin Bennett	Shelton Striders	M40